Date: 25/08/2018

To, The Principal

Ismail Yusuf College,

Jogeshwari (E), Mumbai -60

Subject: Permission to conduct National Sports Day Badminton tournament

I am writing to request permission to organize a Badminton Tournament in celebration of National Sports Day, scheduled for August 29, 2018. The event will be held at our sports complex and will involve junior and senior college students, as well as staff members.

#### **Event Details:**

• Event Name: National Sports Day Badminton Tournament

• Date: August 29, 2018

Venue: Sports Complex

• Conducted By: Myself with the assistance of student volunteers

• **Purpose:** To commemorate National Sports Day by promoting physical fitness and sportsmanship through a friendly badminton competition.

I will be overseeing the tournament, supported by a team of dedicated student volunteers who will assist with the organization and management of the event.

We will ensure that all necessary arrangements, including equipment setup, scheduling, and safety measures, are handled efficiently to facilitate a successful tournament.

We kindly request your approval to use the Sports Complex for this event. Your support is crucial in making this occasion memorable and impactful for our participants.

Please let us know if there are any specific protocols or additional requirements we need to fulfil to obtain permission. We appreciate your consideration and look forward to your positive response.

Thank you for your attention to this matter.

Sincerely,

Smt. Pratikshan Phadrish arashtra's

Ismail Yusuf College of

College Director of Physical Land. and Sports

Jogeshwari (East), Mumbai -400 060.

PRINCIPAL

Government of Maharashtra's Ismail Yusuf College
Arts, Science & Commerce,

Jogeshwari (East), Mumbai - 400 069.





### Government of Maharashtra

# ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE AND COMMERCE NAAC 'A' Grade

# Jogeshwari (East), Mumbai 400 060

Tel. No. (Office) 022-28352881

principaliyc@yahoo.co.in

Fax (Principal) 022-28202188

# Notice- Junior and Senior College

Date - 25-08 -2018

Subject: National Sports Day Badminton Tournament

We are delighted to announce the National Sports Day Badminton Tournament!

Date: August 29, 2018

Participants: Junior and Senior College Students, and Staff

Conducted by: Ms. Pratiksha Phadnis

Assisted by: Student Volunteers

Venue: Sports Complex

#### **Event Details:**

- The tournament will feature exciting matches between junior and senior college students, as well as staff members.
- Participants are requested to be present at the Sports Complex by [insert time] for registration and warm-up.

#### What to Bring:

- Your own badminton equipment (racket, shuttlecock, etc.)
- Appropriate sportswear and footwear

#### Contact:

For further information, please reach out to Ms. Pratiksha Phadnis or the student volunteers in the Sports Complex.

Let's celebrate National Sports Day with enthusiasm and sportsmanship!

Government of Maharashtra's
College Distration Justic Cellege deforts
Arts, Science & Commerce.
Jogeshwari (East), Mumbai -400 060.

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> 1 - Winner 3 - Rumer



# Report: National Sports Day - Badminton Tournament- 2018-19

Date: August 29, 2018

Participants: 100 Junior and Senior College Students and Staff

Organizer: Ms. Pratiksha Phadnis, Student Volunteers

Venue: Sports Complex

Introduction:

On August 29, 2018, in celebration of National Sports Day, a Badminton Tournament was organized at the Sports Complex. The event, spearheaded by Ms. Pratiksha Phadnis with the assistance of student volunteers, aimed to promote active participation in sports among junior and senior college students and staff.

#### Tournament Highlights:

Participant Turnout: A total of 100 students and staff members enthusiastically participated in the Badminton Tournament. Their active involvement showcased the college community's passion for sports and physical activity.

Competitive Spirit: The tournament fostered a competitive yet friendly atmosphere, with participants showcasing their badminton skills and sportsmanship on the court. Matches were played with fervor and enthusiasm, adding excitement to the event.

Inclusive Participation: The tournament welcomed players of all skill levels, providing an opportunity for both seasoned athletes and newcomers to engage in healthy competition and camaraderie.

Promotion of National Sports Day: By organizing the tournament on National Sports Day, the event underscored the significance of sports in promoting fitness, discipline, and national pride. It served as a tribute to India's sporting heritage and achievements.

Result-

# Impact and Feedback:

The Badminton Tournament received positive feedback from participants, who appreciated the opportunity to showcase their sporting abilities and connect with fellow enthusiasts. Many expressed a desire for similar events in the future to further foster a culture of sports within the college community.

Conclusion:



# National Sports Day-2018-19 Report of the Badminton tournament

Date: 04-09-2018

## The Importance of National Sports Day

It emphasizes the importance of regular exercise and a healthy lifestyle and brings people together regardless of their background, language, or beliefs. The National Sports Day in India is celebrated on 29 August every year. It is celebrated to commemorate the birth anniversary of hockey legend Major Dhyan Chand Sing

The College celebrated National Sports Day with a Badminton tournament.

# Importance of playing Badminton tournament.

- 1. Improves muscle strength
- 2. Improves heart functioning
- 3. It helps to reduce stress
- 4. Improves flexibility
- 5. Boost your metabolism rate
- 6. Strengthen your bone
- 7. Improves mental agility
- 8. Helps in social being
- 9. Helps in weight loss

A total of 27 students participated in its.

Winner-1. Rohit Prasad Sy Bsc-1861

Runner-2. Yadav Ankush Mcom p-1



P. M. Bradis Smt. Pratiksha Phadnis Government of Maharashtra's

Ismahysical education & Sports Arts, Science & Commerce.

Jogeshwari (East), Mumbai -400 060.





#### Government of Maharashtra

# ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE & COMMERCE (Affiliated to University of Mumbai)

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