



**GOVERNMENT OF MAHARASHTRA**  
**ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE AND COMMERCE**  
**JOGESHWARI (EAST), MUMBAI - 400 060.**

Email : [principalivc@rediffmail.com](mailto:principalivc@rediffmail.com)

Website : [www.ismailyusufcollege.ac.in](http://www.ismailyusufcollege.ac.in)

**Gymkhana**

**GROUND FLOOR**

Hall/ Room	Administrative Office
Area of Room ( $l \times b$ )Sq. ft.	4.75*4.25
No. of Air Conditioner	1
No. of Ceiling Fan and Wall Fan	1
No. of Tube Lights/ Panel light	2
No. of Tables	4
No. of Chair	4
Guest Sofa/ Visiting Sofa	2
Fire Extinguisher/ Auto Fire Protection Ball	0
No. of Camera	0
No. of Door	2
No. of Windows	2
No. of Watch	NO
Others (if Any)	NIL

  
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**GROUND FLOOR**

Hall/ Room	Badminton Room
Area of Room ( $l \times b$ )Sq. ft.	16.4*22.8
No. of Air-Conditioner	NO
No. of Ceiling Fan and Wall Fan	NO
No. of Tube Lights/ Panel light/ Halogen Light	Tube lights 24, Halogen Light - 5 , flood lights – 4, panel lights - 6
Guest Sofa/ Visiting Sofa	NO
Fire Extinguisher/ Auto Fire Protection Ball	NO
No. of Camera	2
No. of Door	3
No. of Windows	0
No. of Watch	0
Others (if Any)	NIL

  
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**GROUND FLOOR**

Hall/ Room	Store Room – 01
No. of Ceiling Fan and Wall fan	2
No. of Tube Lights/ Panel light	6
Fire Extinguisher/ Auto fire Protection Ball	0
No. of Camera	1
No. of Door	2
No. of Windows	2
No. of Watch	0
Others (if Any)	NIL

  
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## Gymkhana

### GROUND FLOOR

Hall/ Room	Yoga Room
Area of Room ( $l \times b$ )Sq. ft.	6.15*5
No. of Air-Conditioner	NO
No. of Ceiling Fan and Wall Fan	Ceiling fan – 4,
No. of Tube Lights/ Panel light	Tube lights – 4
Fire Extinguisher/ Auto fire Protection Ball	NO
No. of Camera	NO
No. of Door	3
No. of Windows	NO
No. of Watch	NO
Others (if Any) - No. of Door	8

  
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## Gymkhana

### GROUND FLOOR

Hall/ Room	Gymnasium
Area of Room ( $l \times b$ )Sq. ft.	25.4,19*10
No. of Air-Conditioner	09
No. of Ceiling Fan and Wall Fan	Ceiling Fan -15
No. of Tube Lights/ Panel light	Tube Lights - 10
Fire Extinguisher/ Auto Fire Protection Ball	1
No. of Camera	2
No. of Door	3
No. of Windows	6
No. of Watch	NO
Name of Equipment	
Plates	
2.5 kg	3 pair
5 kg	3 pair
7.5 kg	3 pair
10 kg	2 pair
12.5 kg	1 pair
15 kg	1 pair
17.5 kg	1 pair
20 kg	1 pair
22.5 kg	1 pair
25 kg	1 pair
Swiss Ball	1
Olympic Bar	14
Gym Belt	1
Extension Rope	2
Rod	1
Yoga Mat	10
Tredd Mill	

<b>Cross Trainer</b>	<b>3</b>
<b>Spinneobike</b>	<b>3</b>
<b>Lat Pully</b>	<b>5</b>
<b>Pec Dec Fly</b>	<b>1</b>
<b>Vertical Chestpress</b>	<b>1</b>
<b>45 Degree Leg Press</b>	<b>1</b>
<b>Smith Machine</b>	<b>1</b>
<b>Leg Extension</b>	<b>1</b>
<b>Leg Crul</b>	<b>1</b>
<b>Funtional trainer</b>	<b>1</b>
<b>Hanging Leg Raise Double</b>	<b>1</b>
<b>Bar</b>	<b>1</b>
<b>Twister</b>	<b>1</b>
<b>Wrist Crul</b>	<b>1</b>
<b>Abdominal Bench</b>	<b>1</b>
<b>Incline Bench with Holder</b>	<b>2</b>
<b>Flat Bench</b>	<b>2</b>
<b>Adjustable Bench</b>	<b>2</b>
<b>Olympic Bar Holder</b>	<b>1</b>
<b>Dubel Rack</b>	<b>1</b>
<b>Plate stand</b>	<b>1</b>
<b>Dumbells</b>	
<b>2.5 kg</b>	<b>3 pair</b>
<b>5 kg</b>	<b>3 pair</b>
<b>7.5 kg</b>	<b>3 pair</b>
<b>10 kg</b>	<b>3 pair</b>
<b>12.5 kg</b>	<b>1 pair</b>
<b>15 kg</b>	<b>1 pair</b>
<b>17.5 kg</b>	<b>1 pair</b>
<b>20 kg</b>	<b>1 pair</b>
<b>22.5 kg</b>	<b>1 pair</b>
<b>25 kg</b>	<b>1 pair</b>
<b>Trxsuspension Band</b>	<b>1</b>
<b>Battle Rope</b>	<b>1</b>
<b>Treadmill</b>	<b>1</b>
<b>Cross Trainer</b>	<b>1</b>
<b>Spining Bike</b>	<b>3</b>
<b>Olympic Bar</b>	<b>2</b>
<b>Others (if Any)</b>	<b>Stand Fan - 06</b> <b>T.V / Set box – 01</b> <b>Exhaust Fan - 04</b> <b>Sound system – 6 speaker / 1 Amplifire</b> <b>Cupboard -1,</b> <b>Table -1,</b> <b>chair – 1,</b>

	<b>Water dispenser -1,</b> <b>Mirror – 17,</b> <b>Venty poster – 300 sq. f.,</b> <b>floor mat – 400 sq. f.</b> <b>No. of Window – 3</b> <b>Mirror - 3</b>
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<b>Taekwondo shin guard pad</b>	<b>3 pcs</b>
<b>Tennis Racket</b>	<b>1</b>
<b>Cricket helmet</b>	<b>2 pcs</b>
<b>Yoga mat</b>	<b>10</b>
<b>Metal Bar</b>	<b>9</b>
<b>TV Gym</b>	<b>3</b>
<b>Cross Trainer</b>	<b>5</b>
<b>Treadmill</b>	<b>6</b>
<b>Medicine Ball</b>	<b>5</b>
<b>Weighing machine</b>	<b>2</b>
<b>Football goal keepers gloves</b>	<b>5 pcs</b>
<b>Throw Ball</b>	<b>4 pcs</b>
<b>Skipping Rope</b>	<b>9 pcs</b>
<b>Cricket Batting Gloves</b>	<b>10 pairs</b>
<b>Stop Watch</b>	<b>5 pcs</b>
<b>Taekwondo chest guard</b>	<b>3 pcs</b>
<b>Taekwondo gloves</b>	<b>2 pcs</b>
<b>T.T.Table</b>	<b>1</b>
<b>Boxing chest Guard</b>	<b>4 pcs</b>
<b>Chess mens (wooden + plastic )</b>	<b>7 set</b>
<b>T.T. Ball</b>	<b>17 Box</b>
<b>Carom Powder</b>	<b>3 Box</b>
<b>Volleyball</b>	<b>8</b>
<b>Football shin guard</b>	<b>29 pair</b>
<b>Badminton Racket bat</b>	<b>8</b>
<b>Nivia football</b>	<b>7</b>
<b>Thai Arm pad</b>	<b>5</b>
<b>Boxing gloves bouncer</b>	<b>4 pair</b>
<b>Cricket batting leg guards</b>	<b>11</b>
<b>Cricket t ball</b>	<b>47 ball</b>
<b>Wrestling mats with cover</b>	<b>32 pcs</b>
<b>Cricket Stump</b>	<b>4 pair</b>
<b>Air Pump</b>	<b>4</b>
<b>Cricket Tennis ball</b>	<b>35</b>
<b>Cricket ball cizen ball</b>	<b>16</b>
<b>Football goal keeper gloves</b>	<b>3</b>
<b>Others (if Any)</b>	<b>NIL</b>



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**Gymkhana**  
**FIRST FLOOR**

Hall/ Room	Store Room – 02
Area of Staff Room ( $l \times b$ )Sq. ft.	4.8*3.85
No. of Ceiling Fan and Wall fan	1
No. of Tube Lights/ Panel Light	2
Fire Extinguisher/ Auto fire Protection Ball	0
No. of Door	1
No. of Windows	1
No. of Watch	0
Others (if Any)	Cupboard-9 Chair-3 Stool-4 Table Tennis-2

➤ **WASH ROOMS:**

LADIES – 02

GENTS – 04

➤ **WATER PURIFIER:** 02

  
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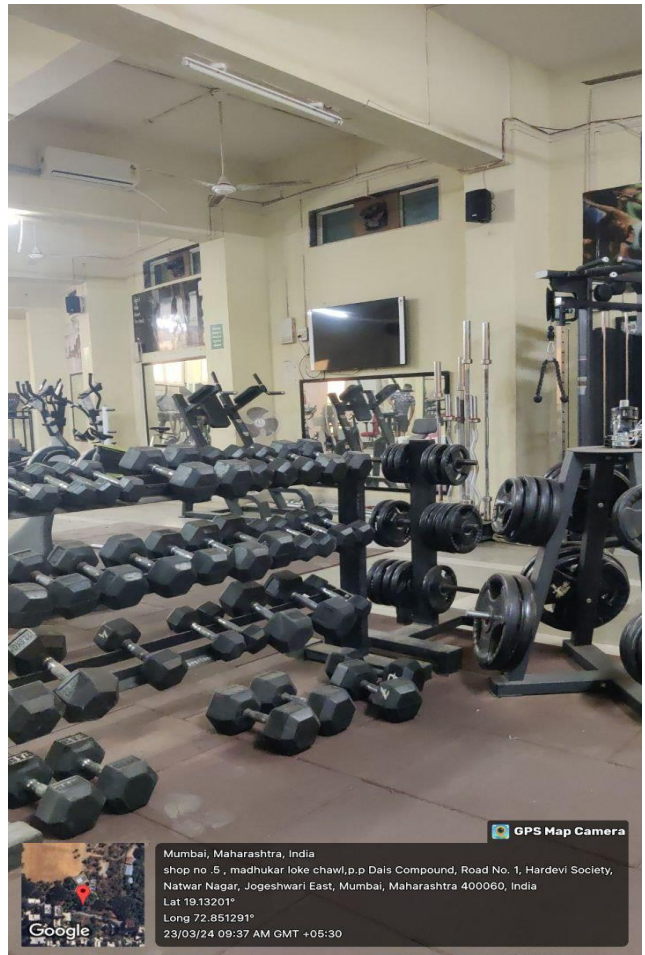
## Gymkhana



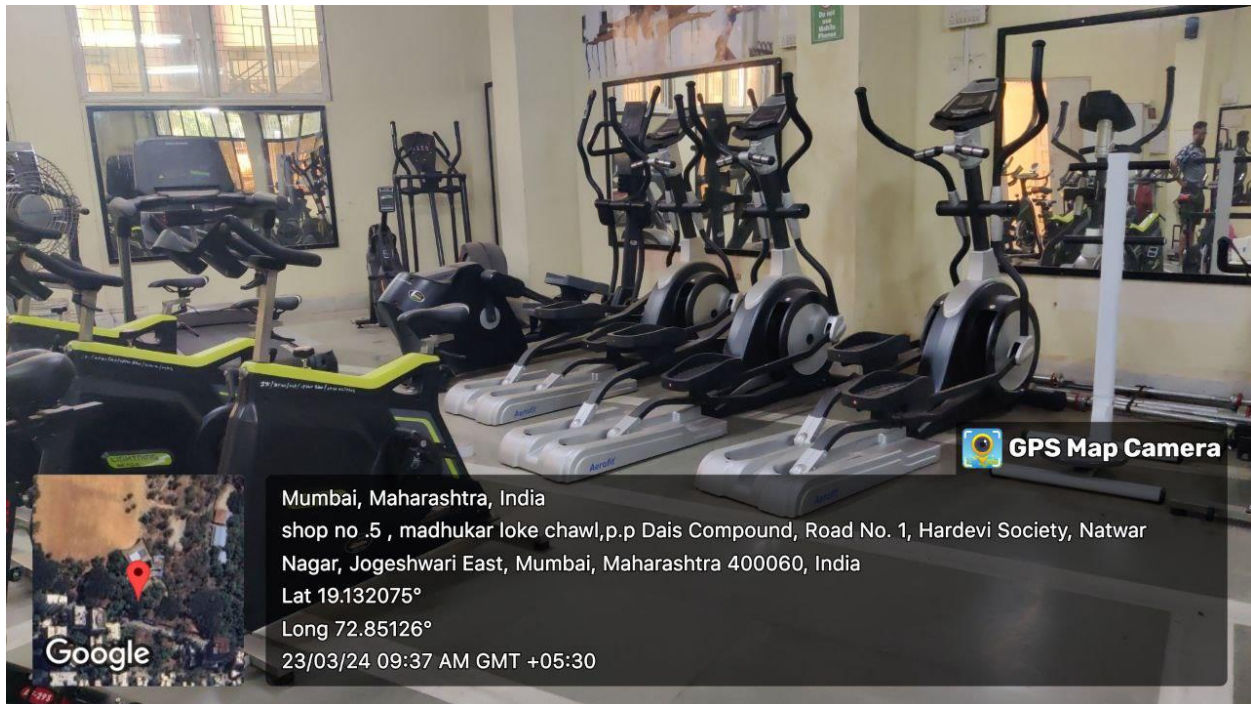
  
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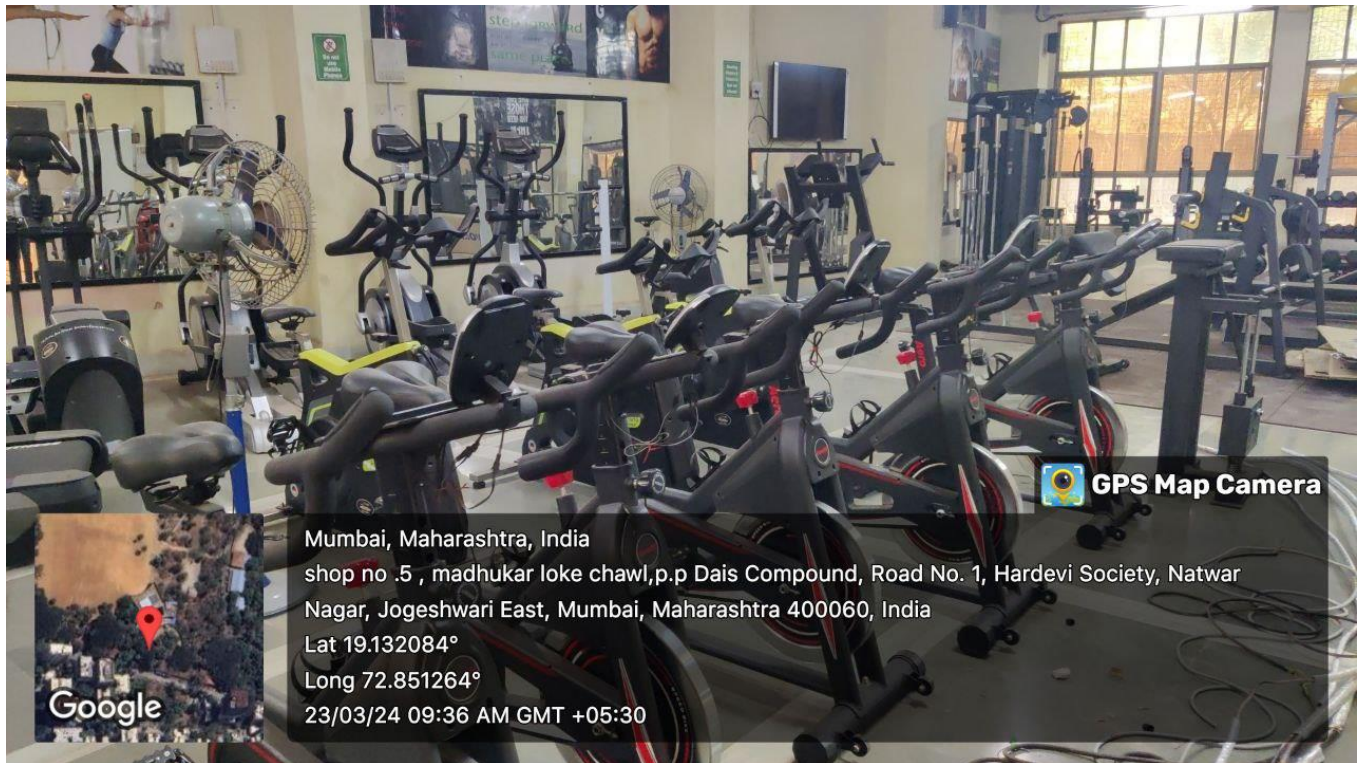
Mumbai, Maharashtra, India  
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Natwar Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132106°  
Long 72.851249°  
23/03/24 09:36 AM GMT +05:30



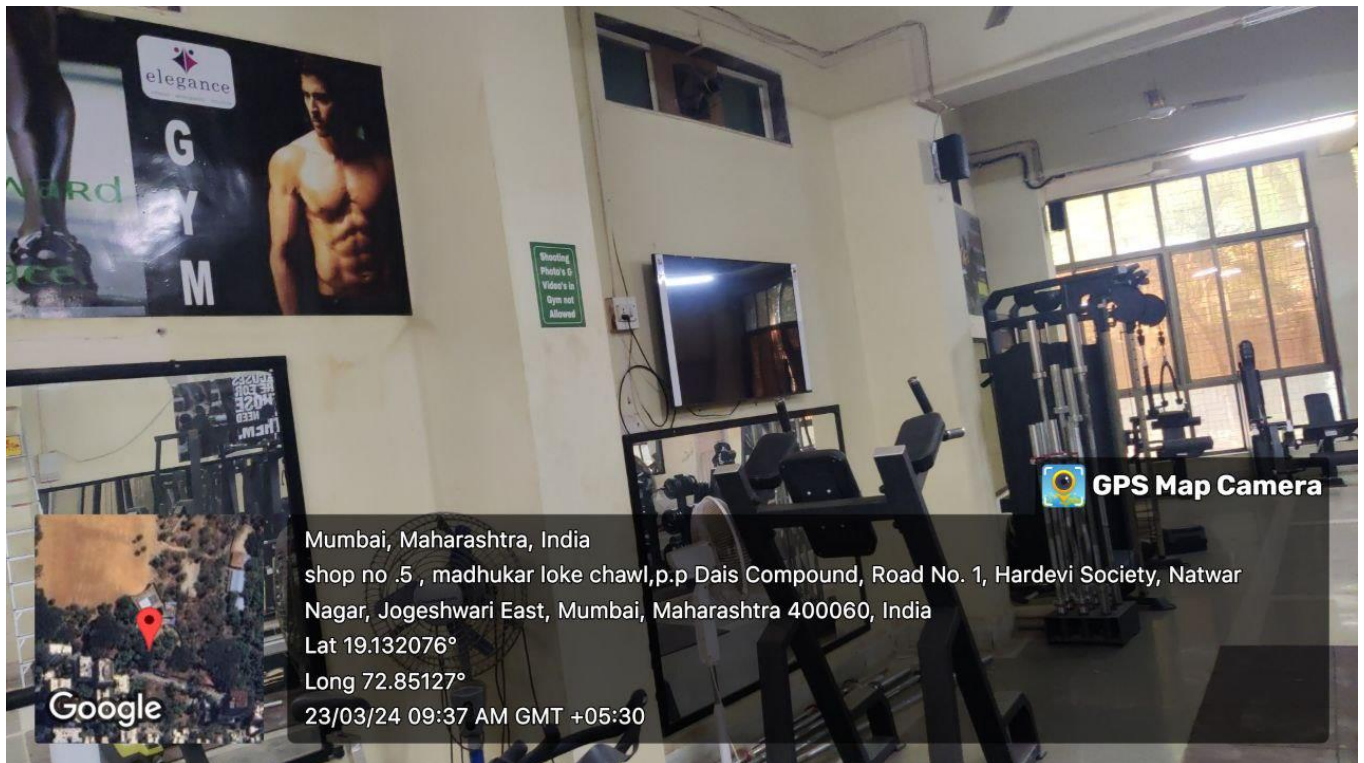
Mumbai, Maharashtra, India  
shop no .5 , madhukar loke chawl,p.p Dais Compound, Road No. 1, Hardevi Society,  
Natwar Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.13201°  
Long 72.851291°  
23/03/24 09:37 AM GMT +05:30



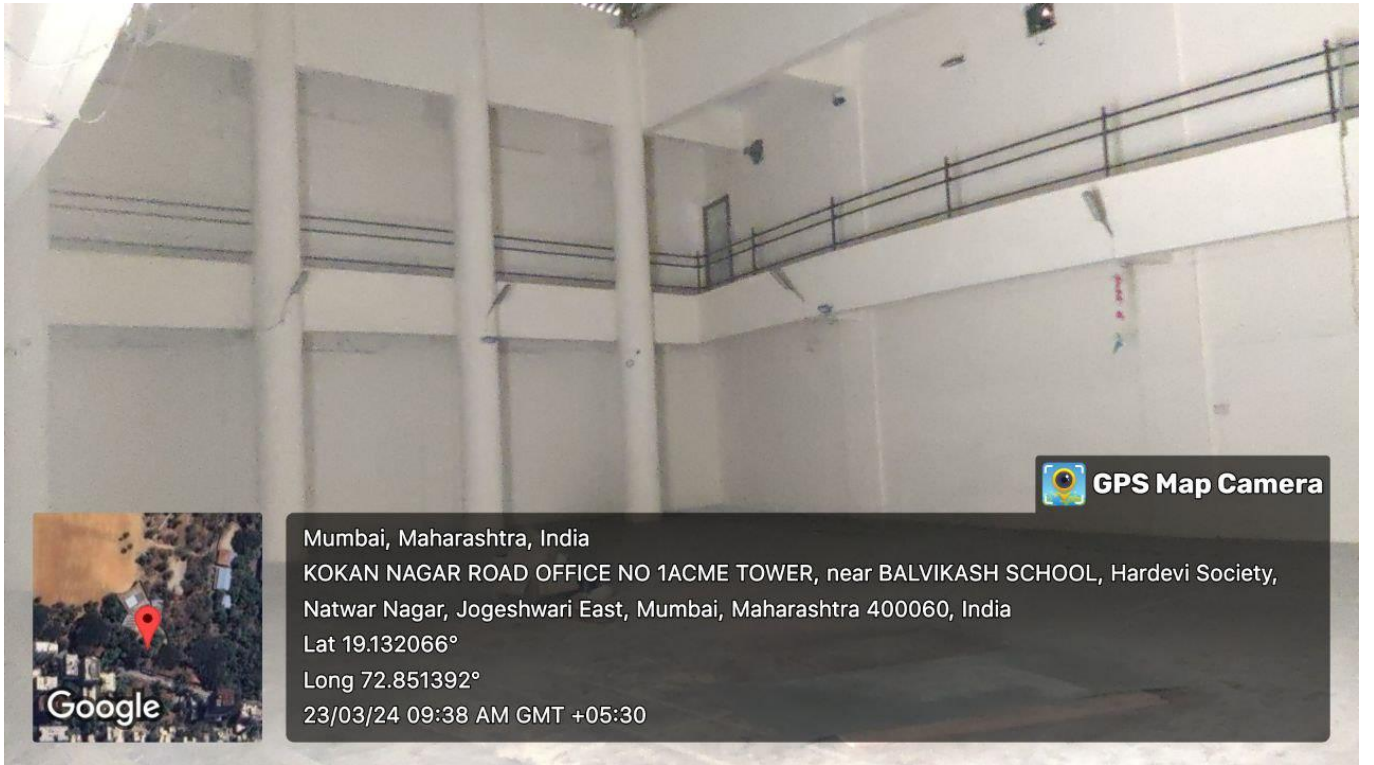
Mumbai, Maharashtra, India  
shop no .5 , madhukar loke chawl,p.p Dais Compound, Road No. 1, Hardevi Society, Natwar  
Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132075°  
Long 72.85126°  
23/03/24 09:37 AM GMT +05:30



Mumbai, Maharashtra, India  
shop no .5 , madhukar loke chawl,p.p Dais Compound, Road No. 1, Hardevi Society, Natwar  
Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132084°  
Long 72.851264°  
23/03/24 09:36 AM GMT +05:30

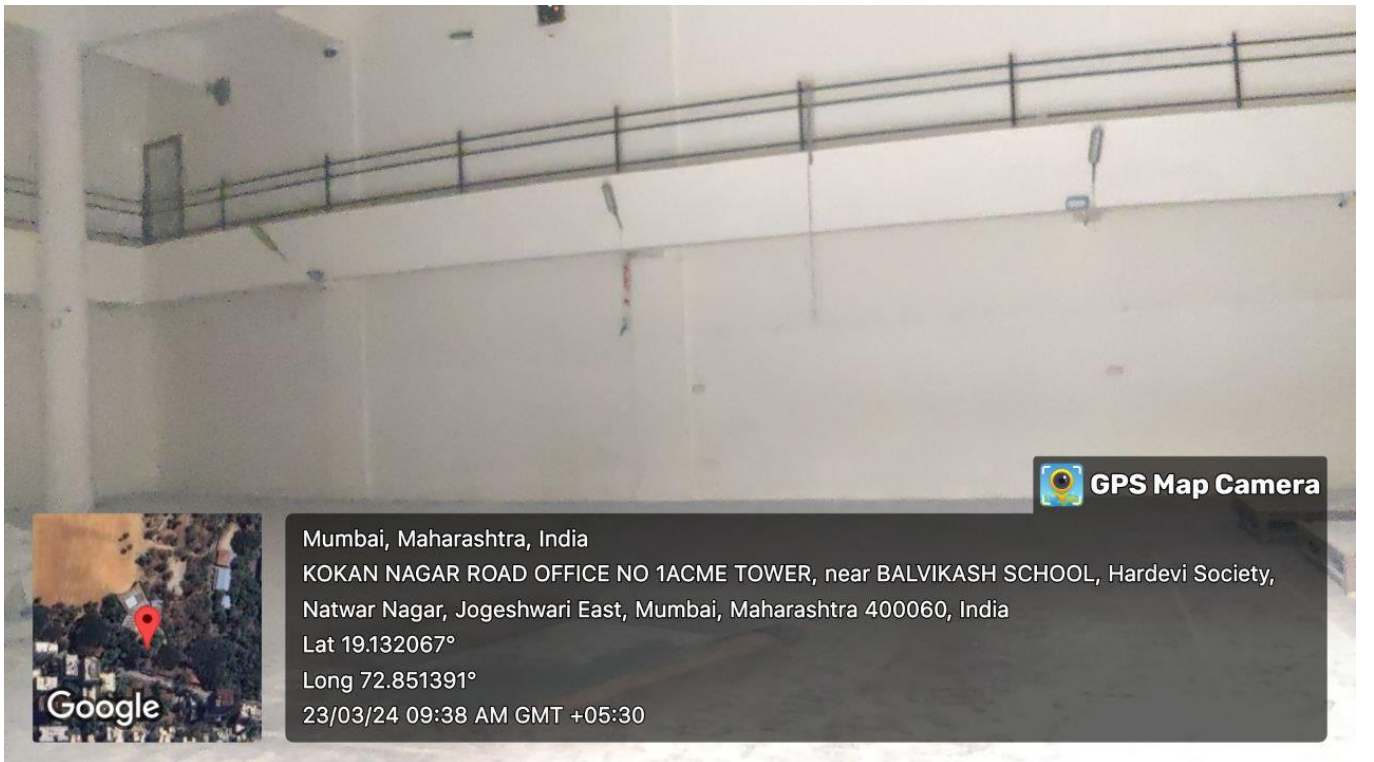


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shop no .5 , madhukar loke chawl,p.p Dais Compound, Road No. 1, Hardevi Society, Natwar  
Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132076°  
Long 72.85127°  
23/03/24 09:37 AM GMT +05:30



Mumbai, Maharashtra, India  
KOKAN NAGAR ROAD OFFICE NO 1ACME TOWER, near BALVIKASH SCHOOL, Hardevi Society,  
Natwar Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132066°  
Long 72.851392°  
23/03/24 09:38 AM GMT +05:30

 **GPS Map Camera**



Mumbai, Maharashtra, India  
KOKAN NAGAR ROAD OFFICE NO 1ACME TOWER, near BALVIKASH SCHOOL, Hardevi Society,  
Natwar Nagar, Jogeshwari East, Mumbai, Maharashtra 400060, India  
Lat 19.132067°  
Long 72.851391°  
23/03/24 09:38 AM GMT +05:30

 **GPS Map Camera**

  
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