

**GOVERNMENT OF MAHARASHTRA'S
ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE AND COMMERCE
JOGESHWARI (EAST), MUMBAI - 400 060**

DATE:- 18/06/2019

Sub:- International Yoga Day Celebration - NCC Unit

NOTICE


This is to inform all NCC cadets that Ismail Yusuf College will be organizing a celebration for International Yoga Day. International Yoga Day is celebrated worldwide to promote the benefits of yoga in maintaining physical fitness and mental well-being. At our college, this event holds special significance as it encourages all cadets to embrace yoga as a part of a healthy lifestyle. We encourage all NCC cadets to actively participate in this event. Your presence will contribute to the success of this celebration and highlight our commitment to health and wellness through yoga.

Details of the event are as follows:

Date: 21st Jun 2019

Venue: I.Y. College, Open Stage Ground

Time: 08:00 Am-10:00AM


C/O (Dr. Jayshing B. Ghosh)
3 MAH BN NCC Boy's Unit
Ismail Yusuf College,
Jogeshwari (E), Mumbai - 60.

**CO-COORDINATOR
NCC Units**



**GOVERNMENT OF MAHARASHTRA'S
ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE AND COMMERCE
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Sub: International Yoga Day –NCC Unit

Date: 21st June 2019

Venue: I.Y. College, Open Stage Ground

Total No. of Cadets: 30 Boys & 25 Girls

The celebration of Yoga Day at Ismail Yusuf College saw active participation from girls cadets of the 8 Maharashtra Girls Battalion and boys cadets of the 3 Maharashtra Boys Battalion of the NCC. The event began at 8:00 AM and continued till 10:00 AM, with all girls NCC cadets displaying great enthusiasm for yoga, recognizing its benefits for both the body and mind.

Outcome- The outcome of the Yoga Day celebration at Ismail Yusuf College was characterized by several significant aspects. There was active participation from students, including NCC cadets, demonstrating their enthusiasm and willingness to engage in yoga practices. The event provided opportunities for leadership engagement, as organizers and instructors guided participants through yoga sessions, fostering leadership skills among NCC cadets.

Impact- The International Yoga Day celebration at Ismail Yusuf College had a multifaceted impact. It promoted yoga and increased participation while recognizing its benefits and fostering cultural appreciation. The event highlighted the importance of sensitizing students, especially NCC cadets, to various social issues, including health and wellness.

Sensitization-

Sensitizing students to social issues like health and wellness aligns with the goals of holistic education. It encourages students to develop not only academically but also emotionally, socially, and physically, preparing them to lead fulfilling and balanced lives.


CTO (Dr. Jayshing B. Sawant)
3 MAH BN NCC Boy's Unit
Ismail Yusuf College,
Jogeshwari (E), Mumbai - 60.

**CO-COORDINATOR
NCC Unit**





2019-2020

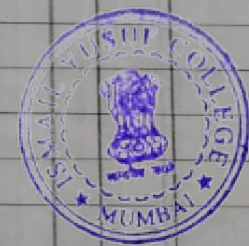
Date _____
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SR NO	NAME	PUNJAMA	YUGA DAY	INDIA POLLUTION	TREE PLANTATION	KARGIL DIWAS	INDEPENDENCE DAY	CLEANLINESS DRIVE	SWACHHITA AWARENESS RALLY	NUKKA INTAKS AWARENESS SWACHHATA	WASTE RECYCLING	WORLD'S AIDS DAY	NGK DAY	SWACHHITA BHARAT ABHIYAN/REGG SWACHHITA	SWACHHITA BHARAT ABHIYAN	REPUBLIC DAY	NIUKADITAKS	AWARENESS OF SWACHHITA	CADETS SIGNATURE
1	VANDANA GUPTA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shruti
2	KAREENA SHARMA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shruti
3	GAMINI YADAV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	YADAV
4	SADHANA VARMA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shadana
5	POOJA NAIK	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Pooja NAIK
6	SHILPA YADAV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shilpa
7	SAVANI BHUYAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Savani BHUYAR
8	ANJALI BAGLE	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Anjali
9	SHASHI DHANEHAD	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shashi
10	SHRUTI SANTOSH SALVI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shruti Salvi
11	PRIVANYA JADHAV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Privanya
12	PAYAL MANKUMBRE	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Payal
13	PINKY KUWAR KHARAD	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Pinky
14	MUKTA PAWAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	MUKTA
15	SUCHITA YADAV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	SUCHITA
16	RUNI VISHWAKARMA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Runi vishwakarma

DATE:-

14 FEB 2019
21 JUNE 2019
8 JULY 2019
23 JULY 2019
26 JULY 2019
15 AUGUST 2019
17 SEPTEMBER 2019
18 SEPTEMBER 2019

23 SEPTEMBER 2019
24 SEPTEMBER 2019
01 DECEMBER 2019
19 DECEMBER 2019
15 JANUARY 2020
16 JANUARY 2020
26 JANUARY 2020
23 FEBRUARY 2020



PRINCIPAL
Government of Maharashtra's
Ismail Yusuf College of
Arts, Science & Commerce,
Jogeshwari (East), Mumbai-400 060