

GOVERNMENT OF MAHARASHTRA
ISMAIL YUSUF COLLEGE OF ARTS, SCIENCE AND COMMERCE

DATE: - 10/06/2021

Sub: - International Yoga Day-NCC Unit

NOTICE

All students and staff are invited to participate in the International Yoga Day celebration.


Date: 21st June 2021

Venue: I.Y. College, Gymkhana

Time: 08:00 Am -10:00AM

Join us for a session of yoga and wellness activities. Your participation is highly encouraged to promote a healthy and balanced lifestyle.




CTO (Dr. Jayshing B. Shrivast
3 MAH BN NCC Boy's Unit
Ismail Yusuf College,
Jogeshwari (E), Mumbai - 60.

CO-COORDINATOR
NCC Units

International Yoga Day

Date: 21st June, 2021

Venue: I.Y. College, Gymkhana

Total No. of Cadets: 40 Boys & 37 Girls

Ismail Yusuf College organizes International Yoga Day. Girls cadets of the 8 Maharashtra Battalion and boys cadets of the 3 Maharashtra Battalion of the NCC participated in the celebration. The event began at 09:30 AM and continued till 11:30 AM, with all NCC cadets displaying dedication for yoga, recognizing its benefits for both the body and mind.

Outcome- There was active participation from students, including NCC cadets, demonstrating their enthusiasm and willingness to engage in yoga practices. It emphasizes the idea of lifelong learning and engagement in activities that promote personal and social well-being.

Impact- The International Yoga Day celebration promoted yoga and increased participation while recognizing its benefits and fostering cultural appreciation. The event sensitizing students, especially NCC cadets, to various social issues, including health and wellness.

Sensitization- It encourages students to develop not only academically but also emotionally, socially, and physically, preparing them to lead fulfilling and balanced



**CO-COORDINATOR
NCC Units**



A handwritten signature in blue ink, likely belonging to Dr. Jayshing B. Shrivastava.

CTO (Dr. Jayshing B. Shrivastava)
3 MAH BN NCC Boy's Unit
Ismail Yusuf College,
Jogeshwari (E), Mumbai - 60.

2021-22

SR NO	NAME
1	ANDALI CHATURVEDI
2	NAZNEEN KHAN
3	SEBAL SINGH
4	NEHA YADAV
5	BHODMI JOSWAMI
6	BHODMI VISHWAKARMA
7	TRUSHA POPPALA
8	PRITI RAVATE
9	ANKITA GIRI
10	PRADNYA VALKUNDE
11	AMISHA BHUVAD
12	MEGHANA SHUKLA

DATE :-

21 JUNE 2021

30 JULY 2021

26 JULY 2021

14 FEBRUARY 2021

15 AUGUST 2021

INTERNATIONAL
YOGA DAY

TREE
PLANTATION

KARGIL VIJAY
DIWAS

PULWAMA
ATTACK

INDEPENDENCE
DAY

TREE
PLANTATION

INTERNATIONAL
YOGA DAY

WORLD
AID'S
DAY

NCC
DAY

CDT'S SIGN

Andali

Nazneen

Sebal

Neha

Bhoomi

Bhrend

Trusha

Priti

Ankita

Pradnya

Amisha

Meghana

